

DEAR PARENTS

We know summer holidays are the time of the year when you get an opportunity to spend time with your child. To keep the little ones indoor in the sweltering heat and to utilize their time in creative activities, we have attempted to design meaningful creative activities to occupy the kids in their free time. We wish you have an enjoyable summer vacation with your kids. Here are few tips which will engage your kids in holidays:



1. Suggested Books

Books are a man's best friend. Buy different picture books, colouring books and story books for your child. Let the child do picture reading, colour the sheets in colouring book and recall the characters and incidents of the story.

2.Know your Home

Play different games with your kids to encourage them to express freely and make them more responsible. It is

going to increase their self-confidence and help them grow into as independent and confident individual.

Collect things that belong to different rooms in the house and ask your child to name the objects and the room which they

belong to. Help them to place the things back at the right place.



note: Take printouts of worksheets and help your child complete it.

3.SuggestedT.V Channels

- Baby T.V.
- o Discovery kids
- Disney Junior

4. Suggested Movies

- The Jungle Book
- Good Dinosaur



5. Get Close to Nature

Take your child for regular morning walk to breathe in fresh air. Make him aware of the benefits of morning walk and tell him/herabout different types of plants, flowers and birds so he/she can generate love for nature.



6.Let's converse in English

How are you? I am fine, Thank you.

I am thirsty, Please give me water.

I am hungry, Please give me food/fruit.

I have finished my work/food.

Please open/close my bottle/tiffin/bag.

Please switch on/off the light/fan.



LIFE SKILLS

 Life skills refer to the skills which help the child to become confident and independent in life.

Encourage your ward to do the following activities:



Button your shirt



Learn to fold clothes



Arrange your books neatly







Learn to set the table

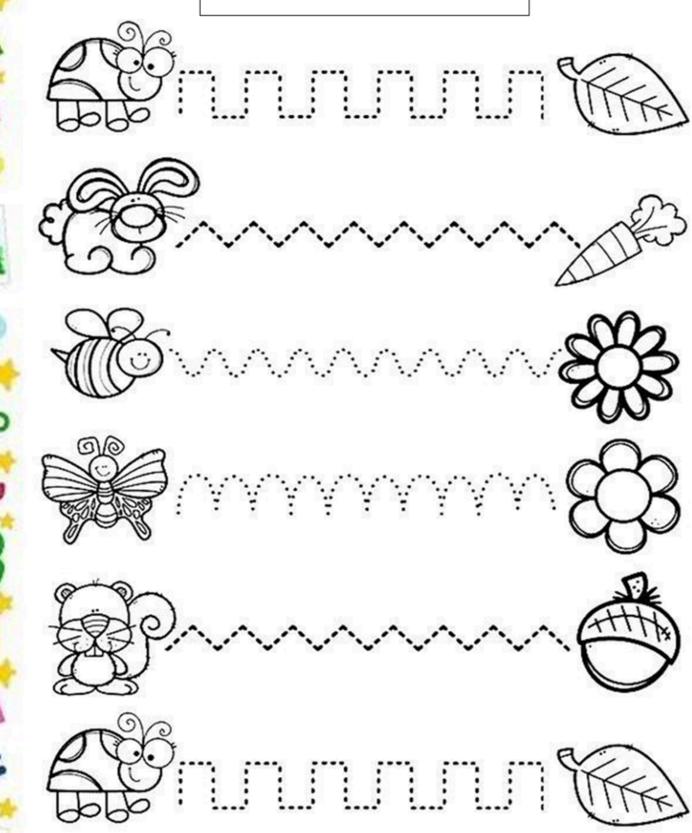


Chew with your mouth closed

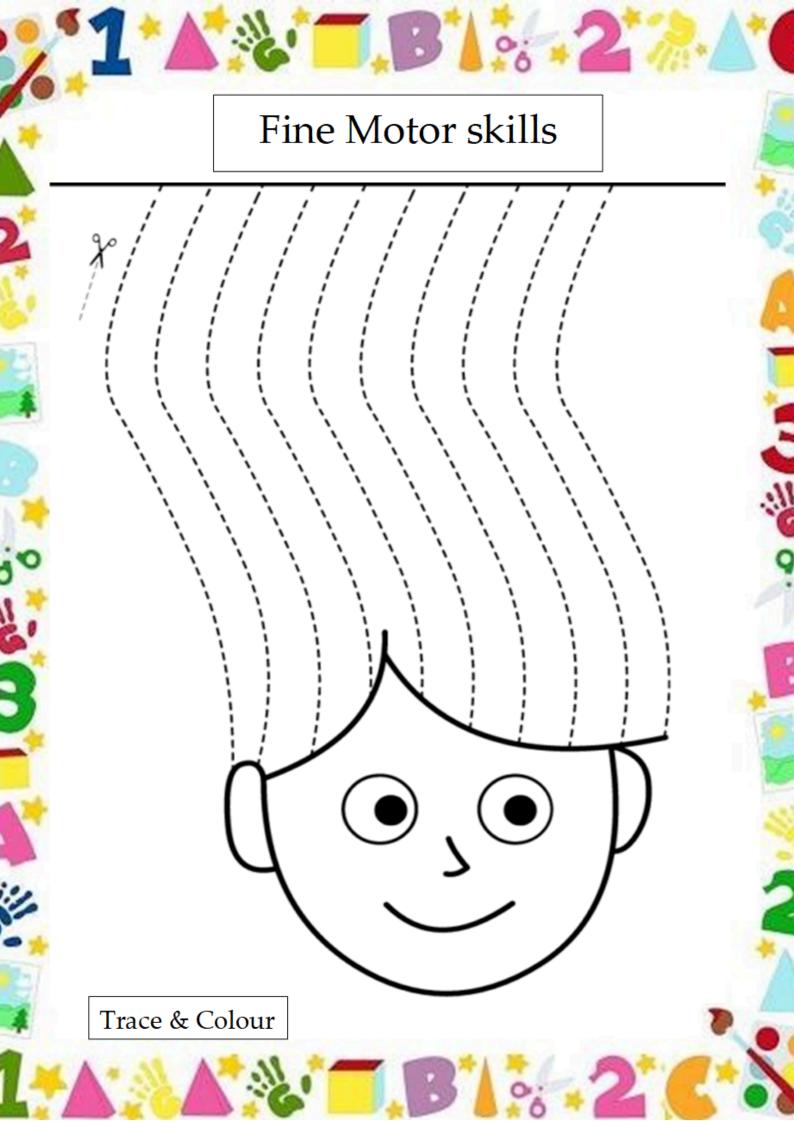


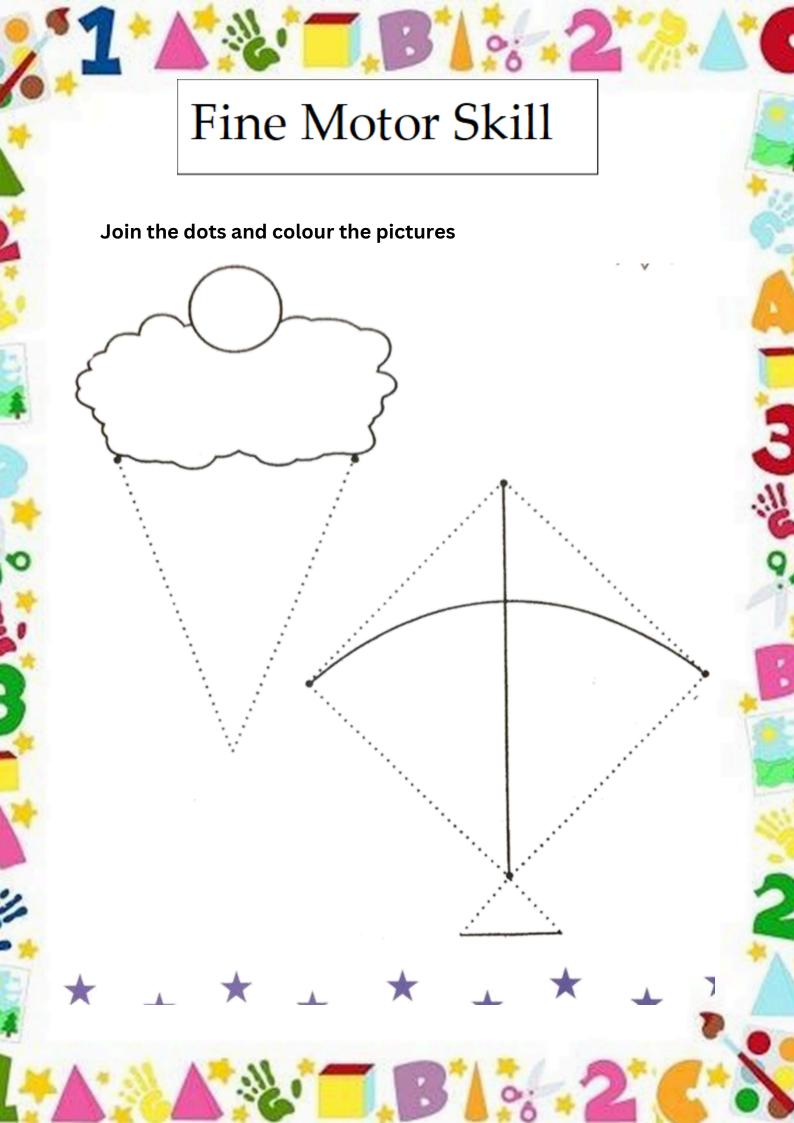


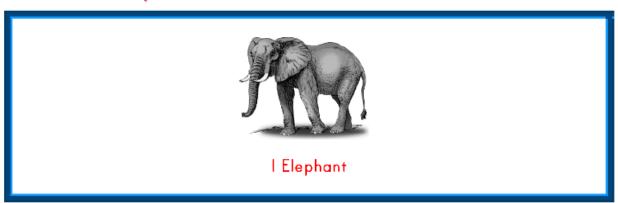
Fine Motor Skill



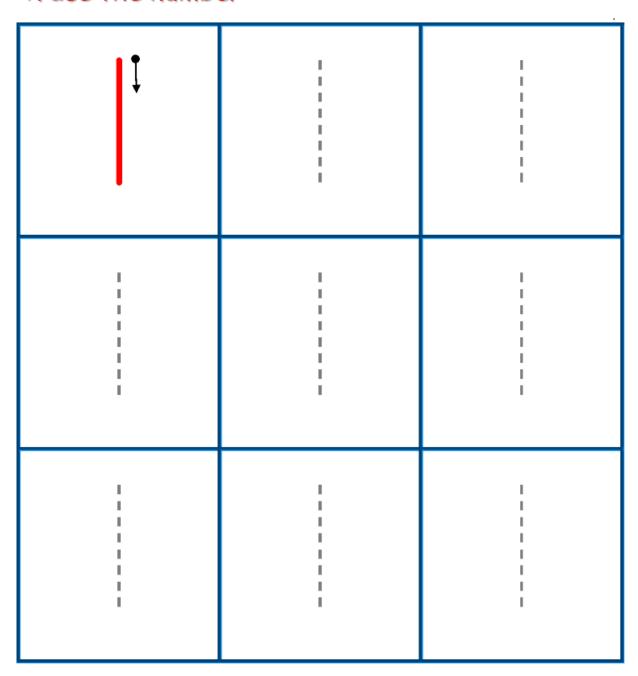
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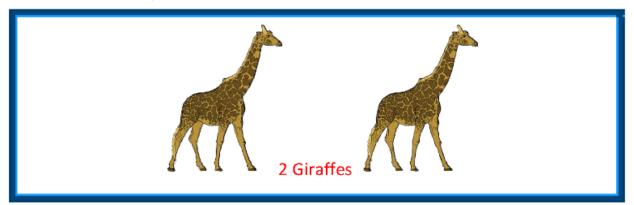




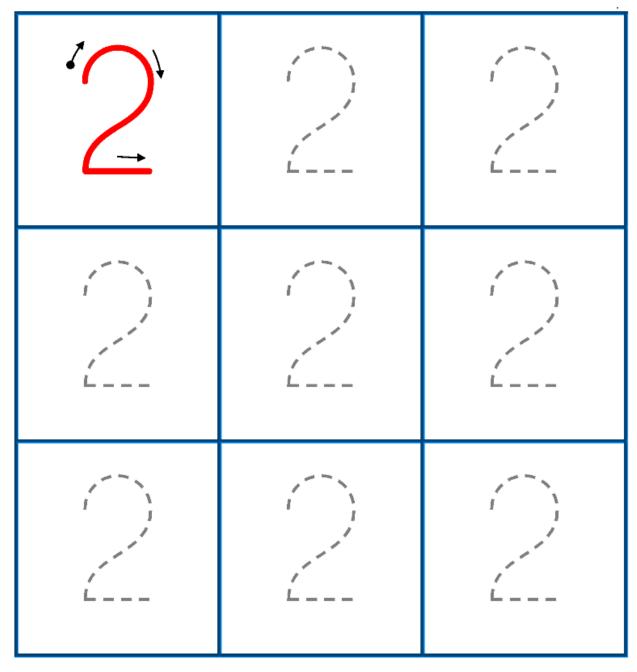
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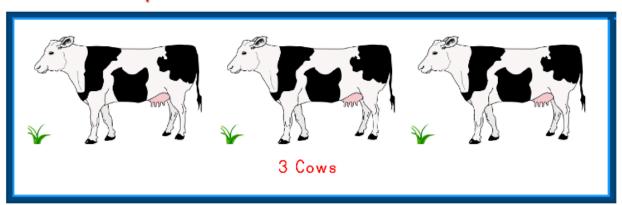


www.megaworkbook.com

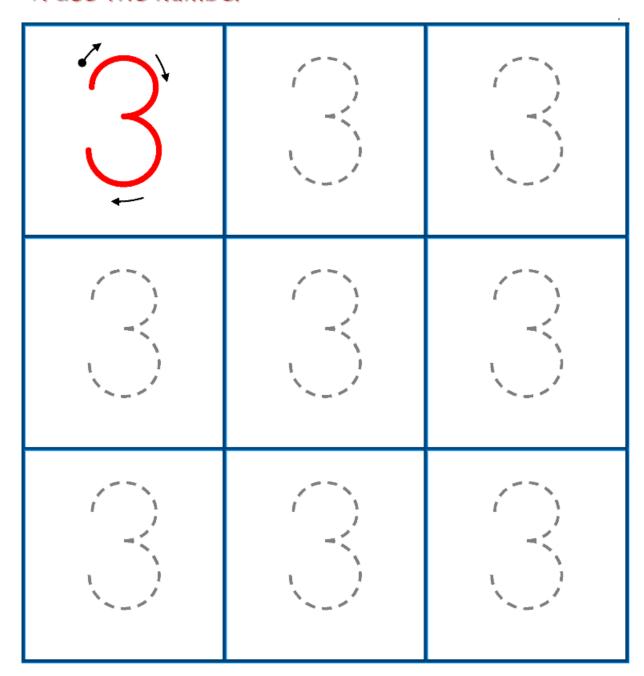


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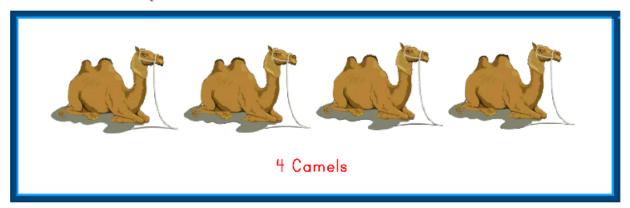




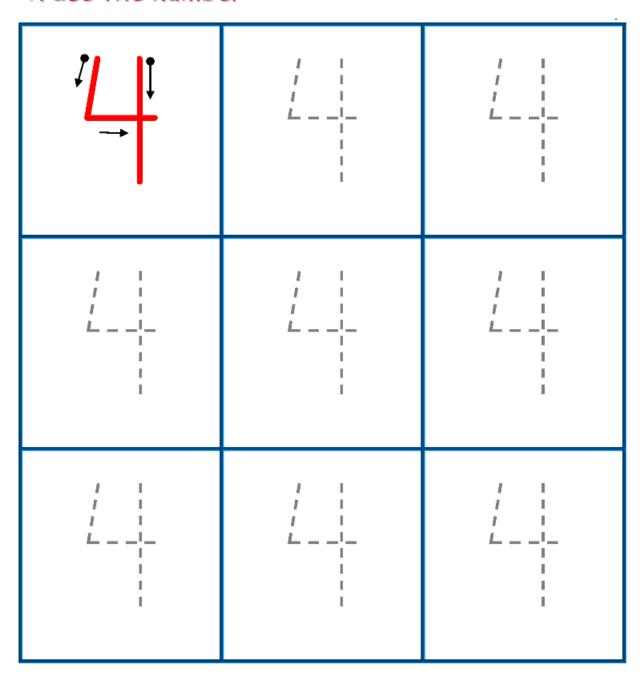
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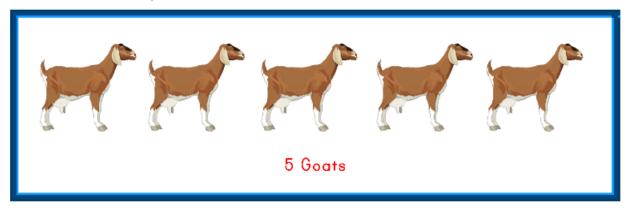
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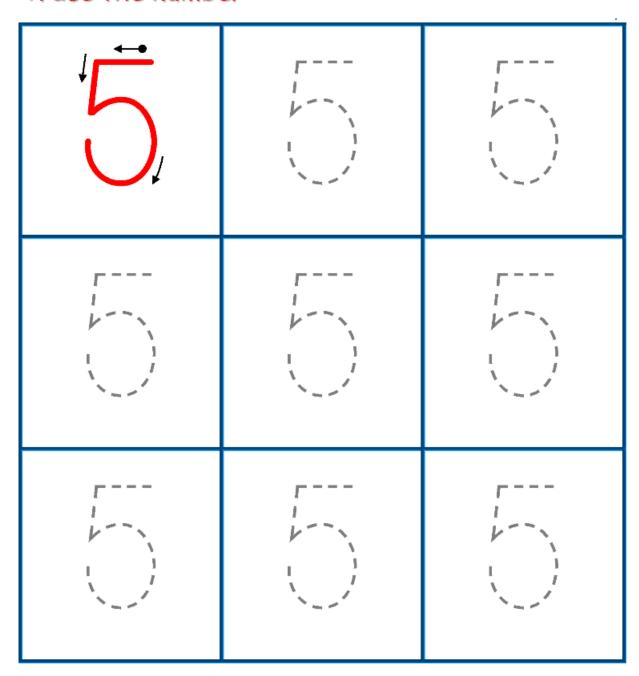
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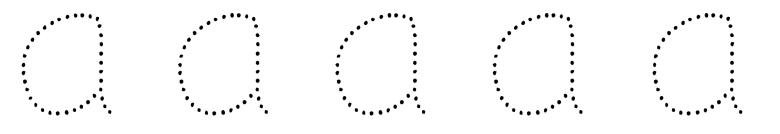




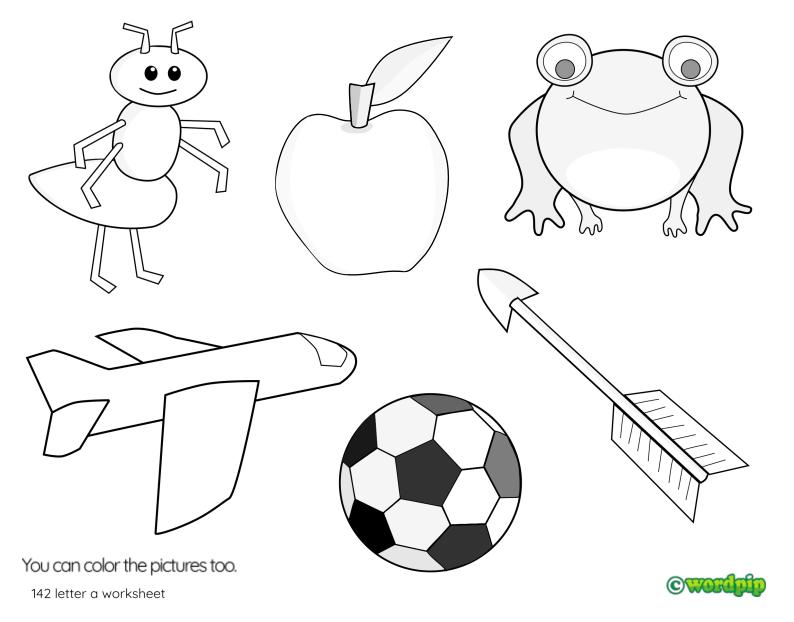
Color in the letters.

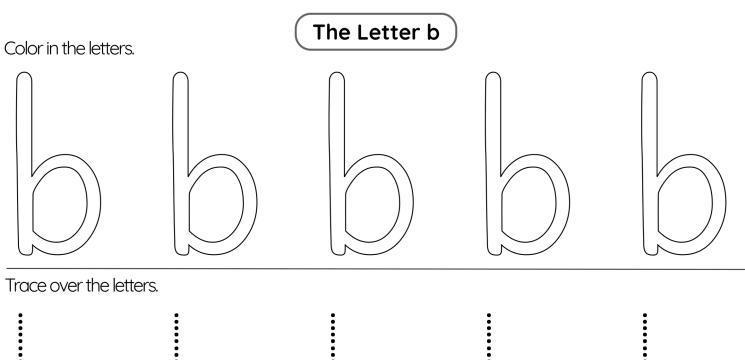


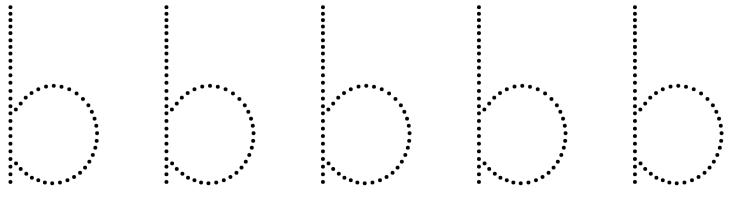
Trace over the letters.



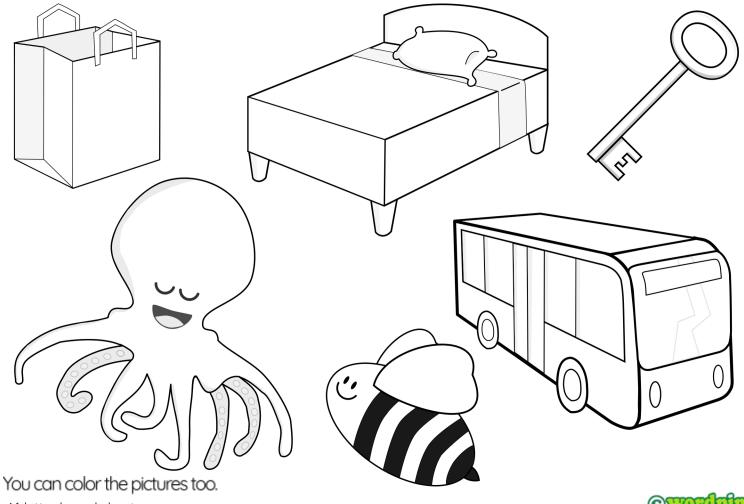
Circle the pictures that begin with the letter sound a.





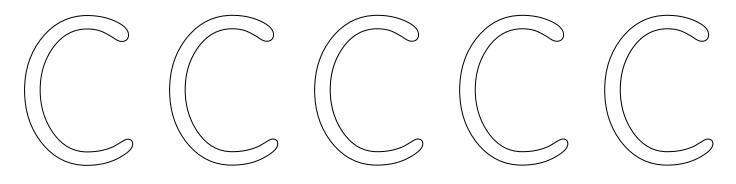


Circle the pictures that begin with the letter b sound.



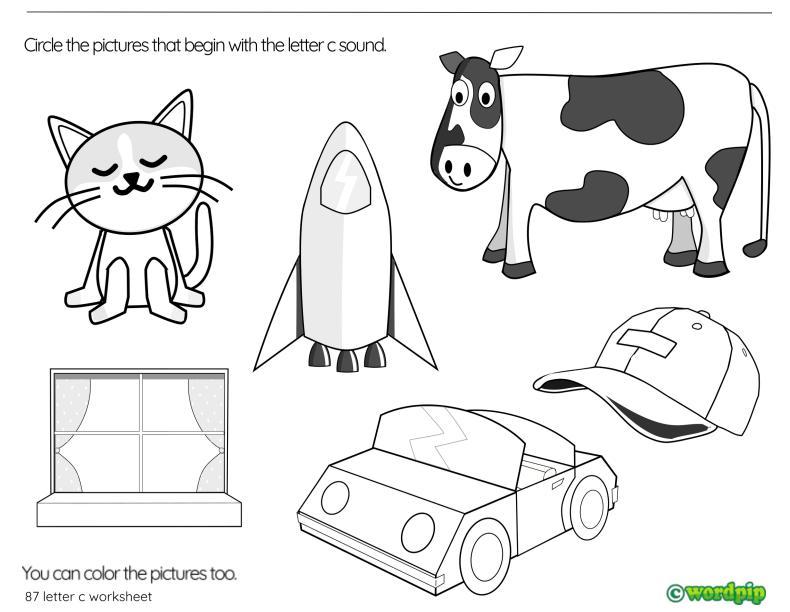


Color in the letters.



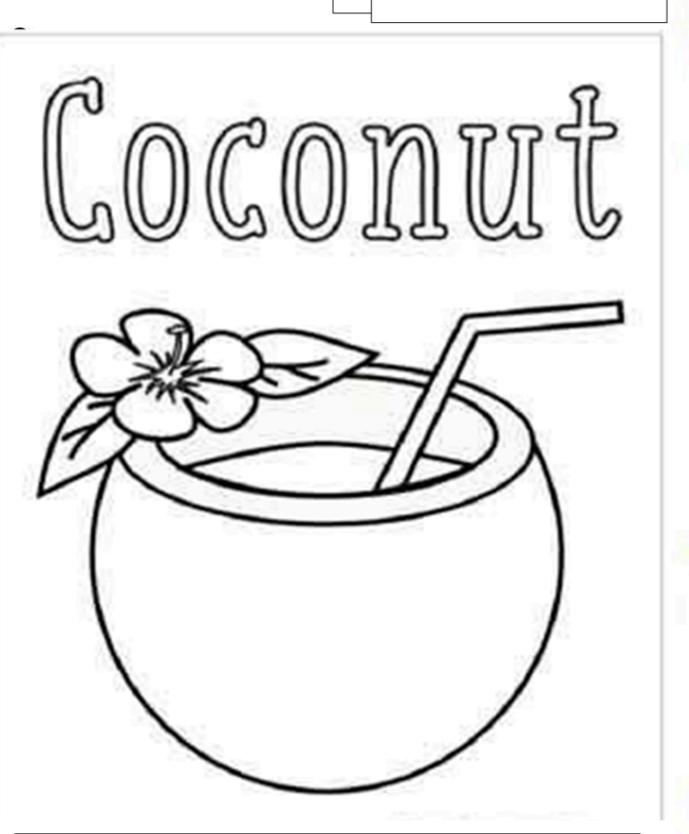
Trace over the letters.



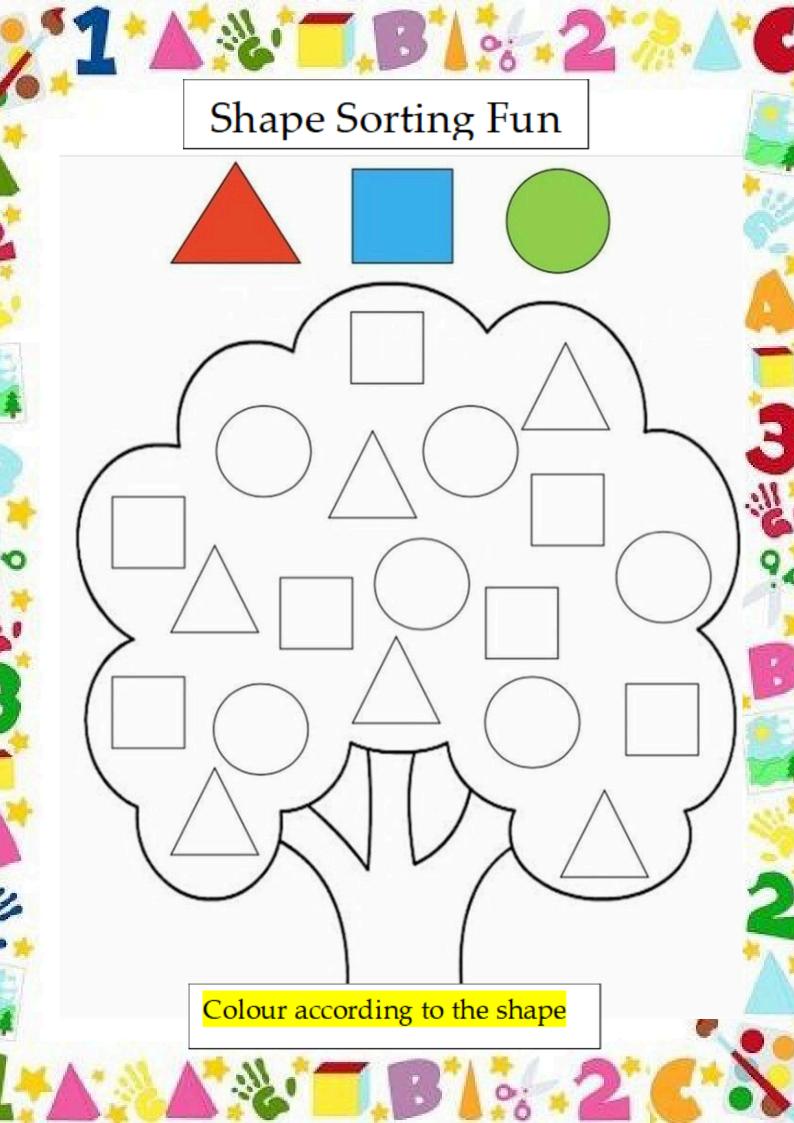




Aesthetic skills



Do paper crumpling and make me tasty



OBSERVATIONAL AND ARTISTIC SKILLS

Dear parents,

You are requested to take your child to any of these places to enhance their observational and artistic skills.

Note: Don't forget to click their pictures. And prepare a beautiful collage of the pictures in the scrap file.



YAMUNA RIVER BANK (observe migratory birds)



DELHI ZOO (observe different animals & their homes)





AKSHARDAM TEMPLE DELHI (learn about the history of this temple)



STREET ART @LODHI ROAD
(observe different kind of art on
the road)
METRO PILLARS
(observe pillars on the road and
get yourself clicked and
learn three- four lines on
any pillar picture.

INTERDISCIPLINARY ACTIVITIES

TOPIC: SUMMER SEASONS

Annamaya Kosha:

ACTIVITY Explore
and Learn
ASSIGNMENT: Visit
the park and collect
fallen leaves and
paste (Sheet
attached).





Pranamaya Kosha:

park and perform
various yoga
performances.
ASSIGNMENT: Click
pics while doing
asanas and make a
collage on A3 Size
Sheet

Manomaya Kosha:

ACTIVITY Showing gratitude towards our nature by watering the plants and not littering around. ASSIGNMENT: Colour one Sun every week according to your mood (Sheet Attached)

Yellow - Happy Mood Blue - Calm Mood Red - Angry Mood

Vijnanamaya Kosha:

ACTIVITY Paste pictures of food items which can be made from Mango e.g. Pickle, Jam etc

(Paste Pictures on A-3 Size sheet



MANGO MAGIC

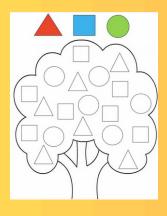




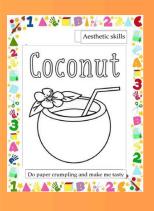
Anandamaya Kosha:

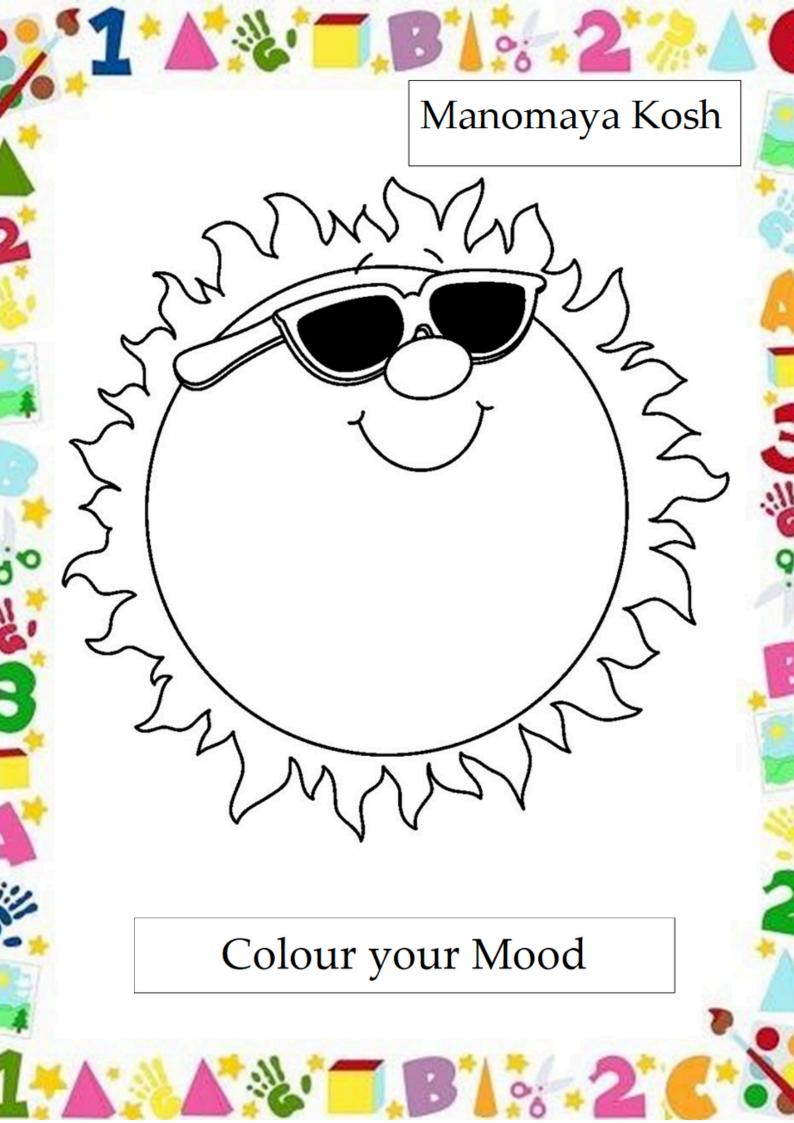
ACTI<u>VITY Watch</u> the movie on youtube and enjoy it with popcorn and juice with your family Pool Party, play in the Garden, Relish Icecream

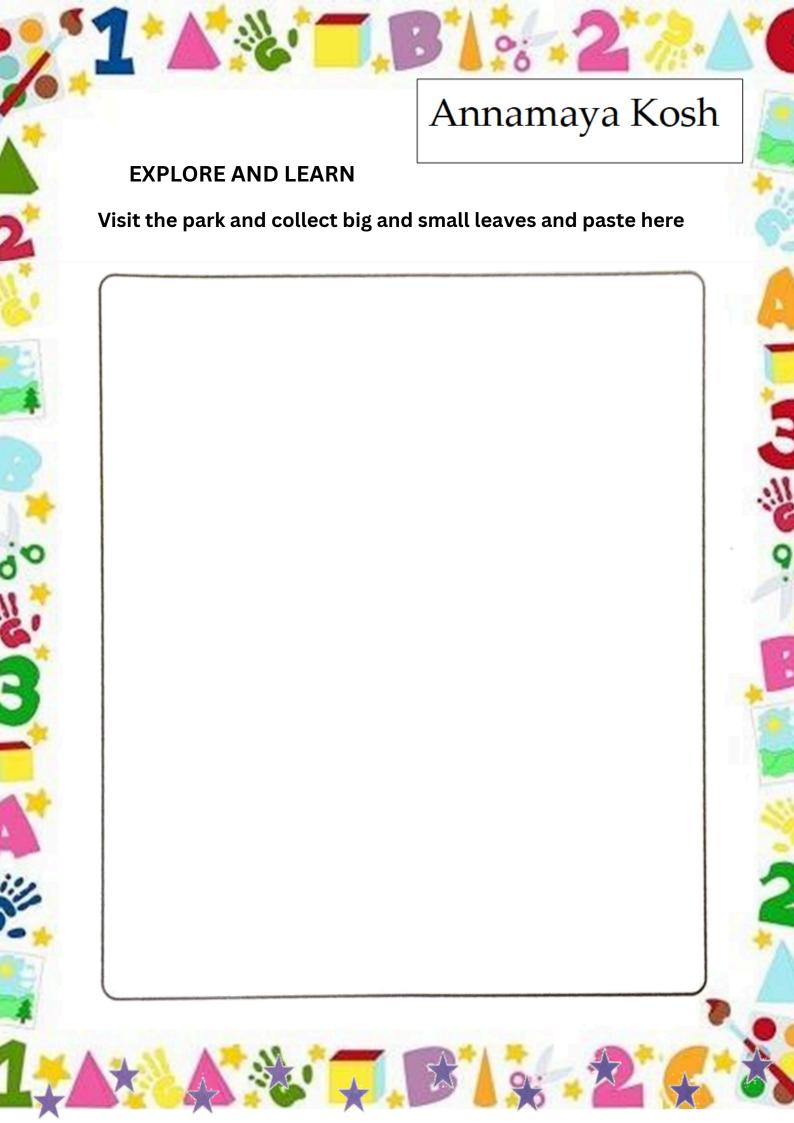












SPEAKING SKILL ACTIVITY

HELP YOUR CHILD IN USING THE FOLLOWING SENTENCES IN THEIR DAILY ROUTINE

I am hungry .



Please give me a towel.



Please switch off the lights.







I am feeling tired .









Please give me food.





Please give me water.

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